

Cheesy Catfish

This savory catfish dish is coated in Parmesan cheese and baked. Excellent for an easy family dinner! A fish dish even your kids will love!

Prep Time: approx. 20 Minutes.

Cook Time: approx. 15 Minutes. Ready in: approx. 35 Minutes. Makes 8 servings.

Printed from **Allrecipes**, Submitted by **Deborah Westbrook**

1 egg	1 1/2 teaspoons ground black pepper
1 tablespoon milk	1 teaspoon paprika
3/4 cup grated Parmesan cheese	8 (4 ounce) filets catfish
1 1/4 cups all-purpose flour	1/4 cup margarine, melted
1 1/2 teaspoons salt	

Directions

1 Preheat oven to 350 degrees F (175 degrees C).

2 Beat the egg and milk together in a medium bowl.

In another bowl, stir together the cheese, flour, salt, pepper and paprika.

3 Dip catfish in the egg and milk mixture, then dredge in the cheese mixture until coated. Arrange fish in a single layer in the bottom of a 9x13 inch baking dish. Pour melted butter over the fish.

4 Bake for 15 minutes, or until golden brown.